



2013 Sierra Nevada Long Course Junior Olympics Meet Results

Congratulations to our 2013 Long Course Junior Olympic qualifiers! FRAC had nineteen swimmers compete at the meet held in Redding, California. This is the highest amount of swimmers FRAC has ever had compete at Junior Olympics, and we could not be more proud of the success our swimmers attained. FRAC had several finalists at the meet, as well as some fantastic swims!

JO QUALIFIERS:

Andrew Blair
Katie Blair
Bryce Dahlen
Paige Dahlen
Gillian Edwards
Morgen Edwards
Tyler Gilderoy
Claudia Guillory
Jeremy Guillory
Heidi Jens
Nick Jens
Travis Jens
Jackson Lee
Violet Lee
Walker Lee
Wayne Lee
Allison Newton
Natalie Stafano
Marlon Vos Alfaro

FAR WESTERN QUALIFIERS:

Tyler Gilderoy – 50 Free, 100 Back
Claudia Guillory – 50 Free, 100 Free, 200 Breaststroke, 100 Back, 200 Back
Violet Lee – 50 Fly, 100 Fly, 200 Fly
Allison Newton – 100 Breaststroke

EVENT FINALISTS:

Morgen Edwards (9-10 Girls) – 200 Meter Freestyle – 2:47.35 (8th place)
Violet Lee (11-12 Girls) – 100 Meter Butterfly – 1:15.40 (4th place)
Paige Dahlen (9-10 Girls) – 100 Meter Breaststroke – 1:45.75 (8th place)
Allison Newton (9-10 Girls) – 100 Meter Breaststroke – 1:40.55 (6th place)
Violet Lee (11-12 Girls) – 200 Meter Individual Medley – 2:46.23 (7th place)
Marlon Vos Alfaro (13-14 Boys) – 200 Meter Backstroke – 2:33.00 (7th place)
Violet Lee (11-12 Girls) – 50 Meter Butterfly – 33.64 (5th place)
Allison Newton (9-10 Girls) – 50 Meter Breaststroke – 46.77 (6th place)
Andrew Blair (8 & UN Boys) – 50 Meter Butterfly – 53.32 (7th place)
Marlon Vos Alfaro (13-14 Boys) – 100 Meter Backstroke – 1:10.57 (7th place)
Morgen Edwards (9-10 Girls) – 50 Meter Freestyle – 35.43 (8th place)
Tyler Gilderoy (17-18 Boys) – 50 Meter Freestyle – 25.71 (6th place)
Violet Lee (11-12 Girls) – 200 Meter Butterfly – 2:44.70 (2nd place)

FRAC TEAM RECORDS:

Violet Lee (11-12 Girls) – 200 Meter Butterfly – 2:44.70
Marlon Vos Alfaro (13-14 Boys) – 100 Meter Backstroke – 1:10.57
Marlon Vos Alfaro (13-14 Boys) – 200 Meter Freestyle – 2:19.10
Marlon Vos Alfaro (13-14 Boys) – 200 Meter Backstroke – 2:33.00
Tyler Gilderoy (17-18 Boys) – 50 Meter Freestyle – 25.71
Tyler Gilderoy (17-18 Boys) – 100 Meter Breaststroke – 1:19.40

FAR WESTERN QUALIFIERS:

Violet Lee (11-12 Girls) – 200 Meter Butterfly, 100 Meter Butterfly
Allison Newton (9-10 Girls) – 100 Meter Breaststroke
Tyler Gilderoy (17-18 Boys) – 50 Meter Freestyle

100% NEW BEST TIMES:

Violet Lee
Bryce Dahlen
Heidi Jens
Natalie Stafano

NEW “A” TIMES:

Paige Dahlen (9-10 Girls) – 100 Meter Breaststroke, 100 Meter Freestyle
Morgen Edwards (9-10 Girls) – 100 Meter Backstroke
Heidi Jens (11-12 Girls) – 100 Meter Breaststroke
Violet Lee (11-12 Girls) – 50 Meter Freestyle
Bryce Dahlen (11-12 Boys) – 50 Meter Freestyle
Andrew Blair (8 & UN Boys) – 50 Meter Freestyle

NEW “AA” TIMES:

Allison Newton (9-10 Girls) – 100 Meter Breaststroke
Violet Lee (11-12 Girls) – 200 Meter Individual Medley, 50 Meter Butterfly

Way to go FRAC! Everyone should be proud of our team for these great accomplishments! We are now preparing for Far Westerns in San Jose on July 31-August 4. We wish them the best of luck!